



SCOTT Trial Newsletter

December 2025

Winter Update

Our headline news is that we have now painted the town **green** on all three of the pilot criteria!

As of today, we have recruited **148** participants, have **13** sites open to recruitment and have an average recruitment rate of **2** participants per site per month! An enormous thank you to all sites who have worked so hard to help us achieve this!

SCOTT Sites

We now have 13 NHS sites open:

- South Tees
- Derby
- Liverpool
- East Suffolk & North Essex
- Rotherham
- East Kent
- Wrightington, Wigan & Leigh
- Oxford
- County Durham & Darlington
- Chelsea & Westminster
- Maidstone & Tunbridge Wells
- Royal Surrey
- Southampton



Please join our 'All site staff' Whatsapp group!

- Open sites
- Sites in set-up
- Sites in discussion

ENGAGE training



46
trained
therapists



19
NHS
sites



6
sessions

Our next ENGAGE training session is 3rd February 2026.

A huge thank you to all of our ENGAGE therapists - we've had some really positive feedback so far!

Please join us for our next Site Investigator Meeting on 15th Dec 2025 at 12:30pm

Top tips!

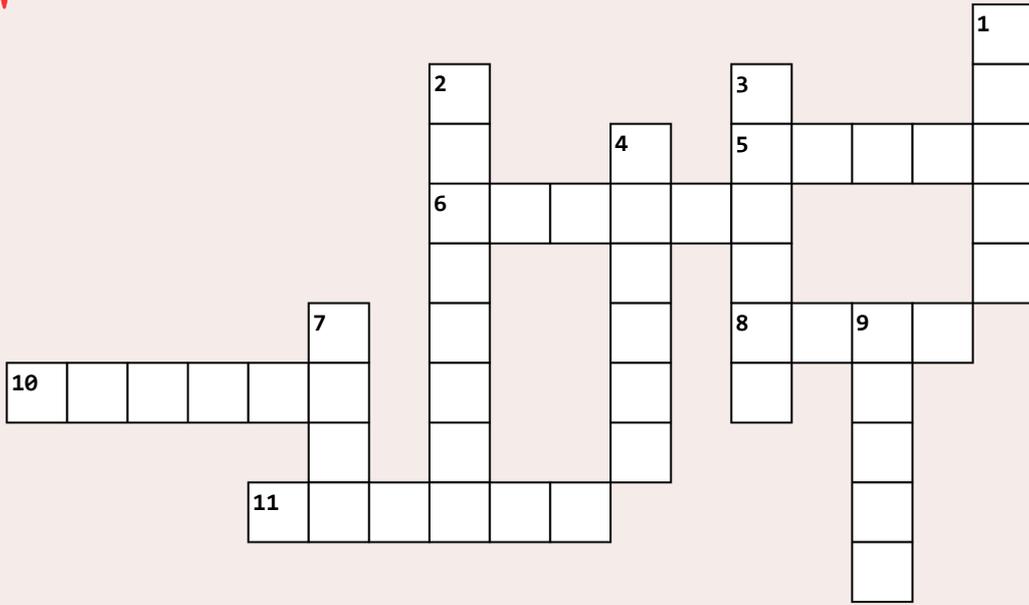
- If a patient is approached about SCOTT and declines, please make sure this is recorded on REDCap - this data is very important to us!
- Please visit the API website where you can learn more about the role, find out if you're eligible and apply!
<https://www.nihr.ac.uk/career-development/clinical-research-courses-and-support/associate-principal-investigator-scheme>



Team SCOTT at BSSH/BAHT Nov 2025!

We loved meeting those of you who came to say hello!

Please enjoy a SCOTT-themed Christmas crossword (if that's your thing!)



Across

- 5. Unique identifying pattern left by your thumb
- 6. What your thumb does on a phone
- 8. Part at the end of the thumb
- 10. Fleshy, padded are at the base of the thumb
- 11. Thumb's opposite movement (open hand action)

Down

- 1. You might _ a ride using your thumb
- 2. U.S national park with a famous 'Thumb Rock'
- 3. Protective cover for an injured digit
- 4. Where two bones meet in the thumb area
- 7. What a thumb helps you do whilst holding something
- 9. The finger next to the thumb

From all of the SCOTT team, we wish you a wonderful & restful festive period and a very Happy New Year!

Please note YTU will be closed for the festive period between 24th Dec - 2nd Jan

Merry Christmas AND HAPPY NEW YEAR!

