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SCOOTT

Surgery versus Conservative OsteOarthritis of Thumb Trial

You have been given this leaflet because you are being treated for osteoarthritis of the thumb at one of the hospitals taking part in the SCOOTT study. We would like to invite you to take part in our research study.

SCOOTT Participant Information Summary Leaflet V1.1 | 20.11.2024 | IRAS ID: 336574

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FUNDED BY NIHR National Institute for Health and Care Research

The purpose of this research is to:

- Compare a non-surgical enhanced hand-therapist led package (ENGAGE) with trapeziectomy (surgery) and with joint replacement (surgery), in a robust scientific way using a randomised trial.
- We are trying to find out which treatment works the best.

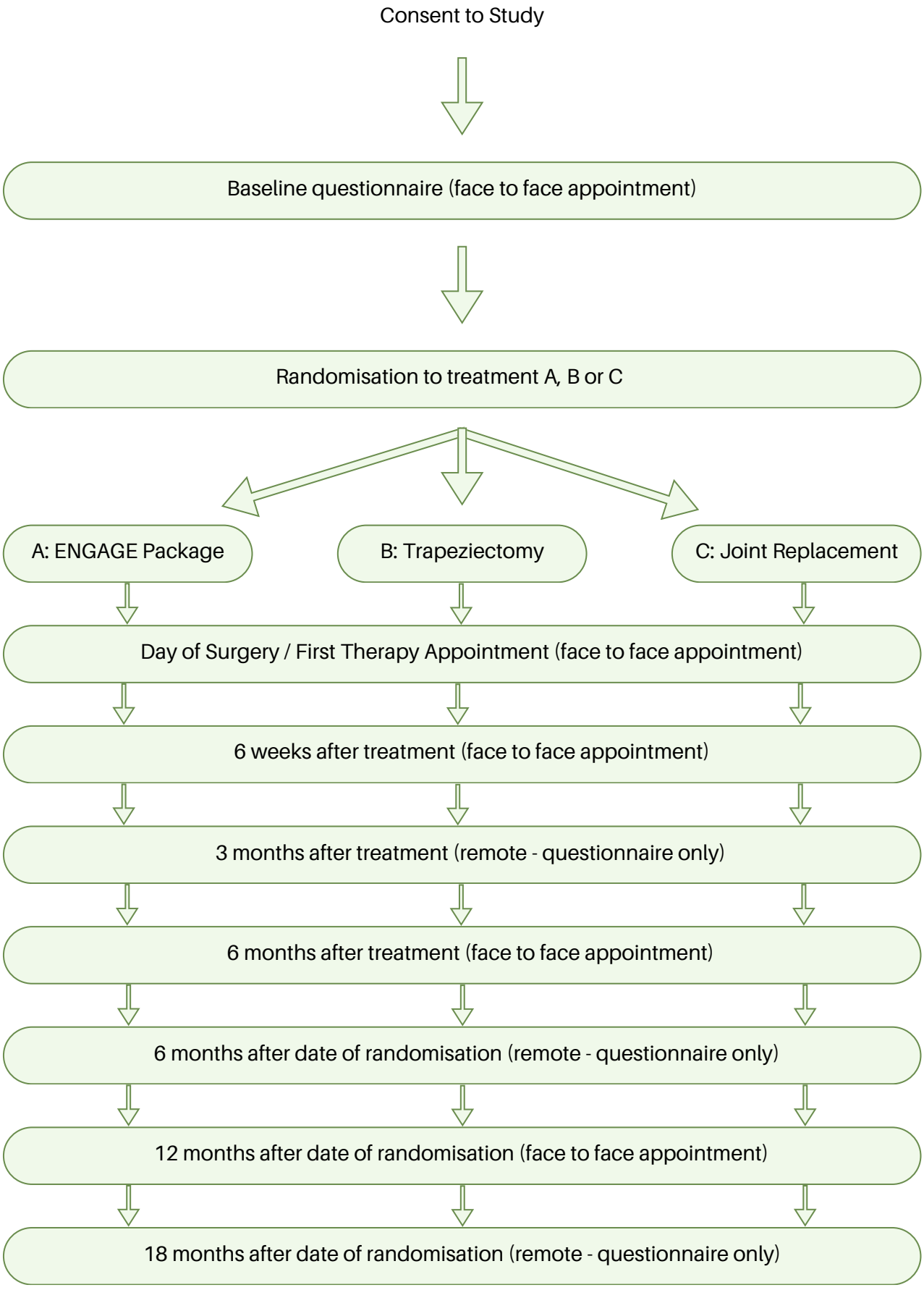
How does it work?

- We will invite adults with symptomatic base of thumb osteoarthritis, who may benefit from surgery according to their treating clinician, to take part in this study.
- Taking part in the study means that your treatment will be decided by a scientific process called randomisation. The process is commonly used in research to help us work out which treatment is best. You will receive either the ENGAGE package, a trapeziectomy or a thumb joint replacement. We will only invite you to take part if all of these treatments are suitable for you.
- If you decide to take part, we will ask you to complete 8 questionnaires over the course of 18 months to find out how you are doing. Some of these can be done at home, online or over the phone, and some of them will be part of a clinic appointment as they will also involve measurements such as thumb range of movement and grip strength.
- More information surrounding follow-up clinic visits can be found in the full participant information sheet.
- We might also invite you to do an interview with a researcher.
- You will receive two £15 vouchers as a thank you for completing follow-ups in the study.
- In this research study, we will use information from you, your medical records, National Joint Registry, central UK NHS bodies and NHS Digital. We will only use information that we need for the research study. We will let very few people know your name or contact details, only if they really need it for this study.
- Everyone in this study will keep your data safe and secure. We will also follow all privacy rules. At the end of the study we will save some of the data in case we need to check it. We will make sure no one can work out who you are from the reports we write.

Please read the full Participant Information Sheet (enclosed).

Taking part is voluntary. If you do not wish to take part, all of your NHS services will continue as usual.

Participant flowchart



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